



Duveds IF hereby invites you to Guldhjälmen 2020

in co-operation with Östersund-Frösö SLK



Programme: March 27, Downhill Training for Ladies and Men U 12, U 14 & U 16
March 28, Jan-Erik Hedströms Trofé Downhill for Ladies and Men U 12, U 14 & U 16
March 29, Bengt-Erik Nyhléns Trofé Downhill for Ladies and Men U 12, U 14 & U 16

A detailed race programme is published the night before each day on www.guldhjalmen.se

Rules: The races are organized according to the Swedish Ski Associations Alpine Ski Rules and the Amendment for 2018-2020.

Entries: **Entry Deadline Monday March 23, entries through this form.**

Entry Fees: 200 SEK per race and 150 SEK for the training, a total of 550 SEK.
IBAN: SE46 6000 0000 0004 9575 0611 Swift/BIC: HANDSESS

Arena: Mullfjällsbacken, Duved

Team Captain's meeting: **1st Team Captain's Meeting on March 27 at 08:00 in the Finish area. Team Captain's Meeting for the race on March 28 is at 18:00, March 27, in Föreningshuset and Team Captain's Meeting for the race on March 29 is at 18:00, March 28, in Föreningshuset.**

Chief of Race: Patrik Schjelvan, tel: +46 70 341 75 88

Organization: Mona Hedström, O.C. tel: +46 70 245 33 83

National TD: Maths Gunneriusson

Ski Passes: Ski passes are mandatory and can be bought to a discount prize at Skistarshop i Duved where there will be a list of the participants. Skipass will be on sale from 07:30, Friday to Sunday, March 27-29.

Bibs: In Skistarshop i Duved from 07:30.

Publications: Race Programmes, Startlists and Official Results from the Competitions **will be published at our website www.guldhjalmen.se**

We maintain the rights to change the schedule without prior notice and it is up to the participants to keep themselves informed.

All participation is on your own risk



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Information

- Safety:** Safety is one of the most important things when organizing speed events. We can offer a high level security for youth races through co-operation with Skistar and a race organization with experiences from World Ski Championships and World Cup races.
- Helmet:** The use of crash helmets is compulsory for all training and races. Only helmets are permitted whose shell and padding cover the head and ears. Helmets with spoilers or edges that protrude are not permitted. Helmets used shall bear a CE mark and conform to recognized and appropriate standards such as CEE 1077 or US 2040, ASTM F2040, SNELL S98 or RS 98, etc. Soft ear protections are not allowed. We also recommend back protectors.
- Fall:** In case of a fall, or stopping, or being overtaken during a run, the competitor must leave the race line. Continuing the Downhill run is not permitted. He must leave the race course immediately.
- Yellow Flag:** When a competitor is stopped during the run he has the right to a re-run provided that the Jury considers this possible from an organisational point of view. The Jury should ensure that the competitor's re-run takes place before the last competitor on the start list of the run.
- Protest:** Protests according to Swedish Ski Associations Alpine Ski Rules. Protests are to be submitted in writing. 200 SEK must accompany the protest. This deposit will be returned if the protest is upheld, otherwise it goes to the O.C.
- Accommodation:** www.visitare.com/boende-are
Always check the conditions for cancelling the bookings in case of cancelled races.
- More information:** E-mail: info@guldhjalmen.se
Website: www.guldhjalmen.se

Welcome to Duved !!!